

# *Finding the Voice Within*

*...where spirituality and creativity meet*

*Creativity is a direct pathway to the Divine. Led by psychologist Dr. Meredith Barber and music therapist Julie Lipson, this group uses improvised words and melodies to connect to ourselves and our journeys.*

*Let your creativity guide you to experience your path from a new angle.*

*No musical experience or talent necessary.*

We meet on the 3<sup>rd</sup> Friday of each month, 12:30-2

Location is in Lower Merion, please contact us for address.

Sliding fee: \$20-45 per session. People of all backgrounds welcome.

The group is ongoing--if you are curious, we invite you to come try it once.

For more information, contact

Julie Lipson at [InnerRhythmsTherapy@gmail.com](mailto:InnerRhythmsTherapy@gmail.com)

or Dr. Meredith Barber at [Meredith@MeredithBarberPsyD.com](mailto:Meredith@MeredithBarberPsyD.com).